



Youth Sports

Youth Open Play

Open play gives kids of all ages an opportunity to shoot around and even play some pick-up games after school, and on weekends. All you need is a signed waiver and gym attire! *Times are subject to change*

HOURS OF OPERATION

Monday: 3:30pm-6:30pm

Tuesday: 2:30pm-6:30pm

Wed-Fri: 3:30pm-6:30pm

Sat & Sun: CLOSED

Gym Rentals

If you have a basketball team (including AAU), volleyball team or would like to run a tournament, the Spring Valley Gym is available to rent. The gym has 2 high school size basketball courts and 3 high school regulation volleyball courts. Please call us for prices and availability.

Youth Indoor Soccer (Futsal)

Spring Valley Gym

Enter your team or free agent now, in our co-ed Youth

Indoor Soccer (Futsal) program!

Season: January 29th thru March 12th

Registration Starts: December 8th thru January 15th

Ages: 8-14, with Divisions: 10Under, 12Under, and 14Under

Cost: \$30 (includes Jersey)

THURSDAY NIGHT GAMES

Volunteer Coaches Needed!!

Youth Basketball League

Come be a part of one of San Diego's best recreational youth basketball leagues!

Season: January 22nd thru March 5th

Registration Starts: December 1st thru January 8th

Cost: \$60 (includes Jersey)

Age Divisions: 6-7 8-9 10-11 12-14

Required Skills Assessment & Coaches Draft:

January 8th

SATURDAY GAMES

Banquet: Wednesday, March 9th

Volunteer Coaches Needed!!